

Classic Massages

Classical massage affects the venous-lymphatic system, the cardiovascular system, skin function and the neurovegetative nervous system. The effect of the massage radiates from the treated part of the body into the entire organism and also includes the psyche.

Partial massage - **25 Min. € 49,-**

Head-neck-back - **25 Min. € 49,-**

Full-body - **55 Min. € 89,-**

Foot reflex massage

The feet are the reflection of the body and are directly connected to the soul. Organs, lymphatic and nervous systems are stimulated and positively influenced via the soles of your feet. This promotes blood circulation, relieves congestion and blockages, eliminates waste products and harmonises the energetic system.

25 Min. € 49,-

Lymphatic drainage

Lymphatic drainage is a special type of medical massage. It uses gentle manipulation techniques to stimulate the transport of lymph fluid in the lymphatic vessels.

Full body - **55 Min. € 89,-**

Happy face

A décolleté, face and scalp massage that leaves you feeling refreshed and relaxed. The massage stimulates the blood circulation of the skin and helps tissue regeneration. This improves the appearance of the skin.

25 Min. € 49,-

Hot Stone Massage

Hot stone massage is a treatment that awakens a unique aromatic journey of the mind.

- Complete deep relaxation of body and mind
- Accelerate the detoxification of excess substances
- Relaxation of tired muscles

Back - **25 Min. € 49,-**

55 Min. € 89,-

Happy Feet

With our special massage "Happy Feet" we offer a foot massage and foot reflexology massage. The front and back of the legs and feet are massaged. The massage helps with tired & heavy legs, muscle cramps in the legs and limited joint mobility.

55 Min. € 89,-

For our kids - Marmot massage with marmot oil

Massages also have many positive effects for our youngest children:

- Reduction of stress in everyday school life, promotes the joy of learning.
- Relaxing and thus also calming, promotes restful deep sleep
- Increases the ability to concentrate and comprehend
- Children become more determined and self-confident

The massage is suitable for children from 5 to 14 years of age.

30 Min. € 39,-



Herbal stamp massage

This wellness massage is an aromatherapy and heat treatment using herbal stamps filled with plant extracts, fruits and/or spices.

- Relieving muscle tension
- Relaxing & strengthening effect for stress
- Relief of pain along the back, rheumatic complaints
- Skin care and improved blood circulation

Back - **25 min. € 49,-**

Full-body - **55 min. € 89,-**

Sport Massage

The sports massage is similar to the classic massage, only with the aim of regenerating the muscles even better after long exertion. It works:

- Promotes blood circulation
- Serves for physical relaxation
- For injury prevention

Full-body – **55 Min. €**

89,-

Falknerhof Special-Massage

Different massage techniques, which Nour masseuse combines through a lot of experience in such a way that you feel reborn after the massage.

75 Min. € 99,-

Massage packages - Our top 3 offers

RELAXING - Use to rediscover your body and mind.

Day 1: Partial massage

Day 2: Foot zone reflex massage

Day 3: Hot stone massage back

Bundle price p.p. € 129,-

SOOTHING – A journey to soothe your soul.

Day 1: Partial massage

Day 2: Herbal stamp massage back

Day 3: Head, neck and back

Bundle price p.p. € 129,-

GREAT PAMPERING PACKAGE – Unwind and pamper yourself from head to toe.

Day 1: Full body massage

Day 2: Herbal stamp massage full body

Day 3: Foot zone reflex massage

Bundle price p.p. € 199,-



Mountain Spa Massages at the Source

Let yourself be pampered.



„ The body feels, the soul senses“

Relaxation and grounding at the source of the good life

- Book your next appointment at our reception.