Massage packages - Our top 3 offers

RELAXING - Use to rediscover your body and mind.

Day 1: Partial massage Day 2: Foot zone reflex massage Day 3: Hot stone massage back

Bundle price p.p. € 109,-

BERUHIGEND - Eine Reise, um Ihre Seele zu beruhigen.

Day 1: Partial massage Day 2: Herbal stamp massage back Day 3: Head, neck and back

Bundle price p.p. € 109,-

Großes VERWÖHNPAKET – Lassen Sie die Seele baumeln und sich von Kopf bis Fuß verwöhnen.

Day 1: Full body massage Day 2: Herbal stamp massage full body Day 3: Foot zone reflex massage

Bundle price p.p. € 179,



Mountain Spa Massages

Enjoy at the source

Classic massages

Classical massage affects the venous-lymphatic system, the cardiovascular system, skin function and the neurovegetative nervous system. The effect of the massage radiates from the treated part of the body into the entire organism and also includes the psyche.

Partial massage - 25 min. € 39,-Head-neck-back – 25 min. € 39,-Full-body - 55 min. € 79,-

Foot reflex massage

The feet are the reflection of the body and are directly connected to the soul. Organs, lymphatic and nervous systems are stimulated and positively influenced via the soles of your feet. This promotes blood circulation, relieves congestion and blockages, eliminates waste products and harmonises the energetic system.

25 min. € 39,-

,, The body feels, the soul senses "

Relaxation and grounding at the source of the good life -Book your next appointment at our reception.

Nyurvedic massage

This is a very relaxing treatment with warm oils with a profound and regenerating effect. Just the right thing for all those who like to be healthy! Ayurveda means: the teaching of a long life.

55 min. € 79,-

For our kids - Marmot massage with marmot oil

Massages also have many positive effects for our youngest children:

- Reduction of stress in everyday school life, promotes the joy of learning.
- Relaxing and thus also calming, promotes restful deep sleep
- Increases the ability to concentrate and comprehend
- Children become more determined and self-confident

The massage is suitable for children from 5 to 14 years of age.

30 min. € 29,-

Pine-Vitality-Massage

Different massage techniques are used for this massage. A high level of relaxation is achieved with warm pine vitality sticks.

- Improves blood circulation
- Reduces stress and provides deep relaxation
- Relieves tension and blockages

Full-body - 55 min. € 79,-

Hot Stone Massage

Hot stone massage is a treatment that awakens a unique aromatic journey of the mind.

- Complete deep relaxation of body and mind
- Accelerate the detoxification of excess substances
- Relaxation of tired muscles

Back - 30 min. € 49,-55 min. € 79,-

Herbal stamp massage

This wellness massage is an aromatherapy and heat treatment using herbal stamps filled with plant extracts, fruits and/or spices.

- Relieving muscle tension
- Relaxing & strengthening effect for stress
- Relief of pain along the back, rheumatic complaints
- Skin care and improved blood circulation

Back - **25 min. € 49,-**Full-body - **55 min. € 79,-**

Happy face

A décolleté, face and scalp massage that leaves you feeling refreshed and relaxed. The massage stimulates the blood circulation of the skin and helps tissue regeneration. This improves the appearance of the skin.

25 min. € 39,-

Honey Massage

Massage with honey helps against headaches, sleep disorders, chronic fatigue, rheumatic diseases and tendency to allergies.

- Improved blood circulation
- Care of the skin
- Strengthening of the immune system
- Detoxification of the organism
- Dissolves and calms blockages

25 min. € 39,-

Falknerhof Special Massage

Different massage techniques, which Nastja - our masseuse - combines through a lot of experience in such a way that you feel reborn after the massage. Classical technique, Lomi Lomi and Ayurveda are used.

75 min. € 90,-